High School Physical Education

***Lesson Plan*** *in Microsoft Word*

Students will use Microsoft Excel to calculate statistics and determine which group of students scores the most points. Students will learn how to use a computer, learn various computer applications and will also be reading. This could be part of teaching football rules and skills.

**AIM-How can students play Fantasy Football while learning about rules, regulations, Math and Computer Applications?**

**DESCRIPTION**

One class per week will be devoted to this activity which will take place over the fall term. Students will draft teams consisting of NFL players. The class will be broken down into several groups and groups will compete against each other. Students will use their own knowledge of the NFL as well as a Fantasy Football magazine.

**GOAL and OBJECTIVES**

Students will make decisions and collect statistics as a group.

Students will learn how to keep track of simple player statistics.

**MATERIALS**

Fantasy Football Guide

Computers

Yahoo Free Fantasy Football League

**PROCEDURE**

-Explain to the students what a Fantasy Football League is.   
    
-Have a list of players at the quarterback, wide receiver, tight end, and the running back positions. The Fantasy Football Guide will assist them. It should have a complete list of all the players in the NFL that you can choose from.

-Students will have a list of players and they can take it home and decide which ones they want for their starters: 1 Quarterback, 2 Wide Receivers, 1 Tight End, 2 Running Backs, and 1 Defense.

-After the students have had time to take the list home and decide, we can have a draft day. Students can be appointed to tally up which quarterbacks, running backs, wide receivers, tight ends, and defenses were drafted.

-Once per week the students keep a log of their starters and back up players stats.  Students will take turns from week to week sitting by the computer and adding up scores on Microsoft Excel. At the end of the season, the team with the most total points wins.

**REVIEW**

-Quiz about NFL rules, regulations, positions and game play.

-This could lead into doing the same thing with NBA Basketball and Major League Baseball.

-It shows how important it is to keep accurate data.

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